

Safety at Scripps Newsletter

May 2017



May is Clean Air Month!

A respirator, or air-filtering face piece, is designed to specifically filter out hazards that may enter the body through the nose and mouth when a person breathes. UC San Diego's Respiratory Protection Program ensures employees who use respirators understand their capabilities and limitations.

The use of respirators is strictly regulated in California ([CCR, Title 8, Section 5144](#)). Employees who are **required** to wear a respirator or filtering facepiece during work activities must first be certified through the Respiratory Protection Program administered by EH&S. Certification must be completed **initially and annually** when you use any of the following types of respirators:

Certification includes:

- Medical approval by [UCSD Occupational & Environmental Medicine](#)
- [Air-purifying respirator training](#)
- Fit-testing by EH&S



If you *voluntarily* use a N-95 filtering facepiece, remember that this does not protect you against chemicals, gases, vapors, or very small solid particles of fumes or smoke. You must also follow the N-95 Voluntary Use [Standard Operations Procedure](#).

Please review the [UCSD EH&S Respiratory Protection Program Brochure](#) for more information.

UC San Diego, along with all UC campuses, is [Smoke and Tobacco-Free](#). This includes e-cigarettes and vape pens. The policy contributes to a healthy campus environment for all students, faculty, staff, and visitors. If you choose to smoke at campus perimeter locations, please be considerate of the environment.





Training on Equipment/Machines

Before using equipment or machines that you're unfamiliar with, follow these guidelines:

1. Ensure that you have the required documented UCSD safety training BEFORE beginning work in a laboratory facility or shop. Visit the [Safety at Scripps Safety Training Requirements](#).
2. Ensure that the use of the equipment is pre-approved by the PI/Supervisor or another knowledgeable and responsible colleague prior to use and that all equipment is operated in accordance with the manufacturer's recommendations.
3. Follow the mentor strategy until proficiency is demonstrated:
 - a. The first time observe.
 - b. The second time work cooperatively.
 - c. The third time conduct use of the equipment in the presence of the mentor.
 - d. The fourth time become a mentor – provide feedback to your PI about the instructional guidelines.
4. If any chemicals or hazardous materials are used in conjunction with the equipment, then the appropriate [Hazard Control Plan \(HCP\)](#) must also be followed.
5. For additional training guidance, documents or a printable safety checklist, contact Allyson Long.
 - a. All safety documents and hands-on training should be included with your lab's safety training records.



*The objective of mentoring is to have someone who is more experienced guide novices through the learning process, showing them how to use new techniques in practice and evolve skills learned. Mentoring is in *addition* to training and education, not a replacement for it.

Minor or Major Blood Spills

If you have an injury that produces a blood spill, take measures to minimize blood exposure to others and call EH&S at (858) 534-3660 for clean-up. Contaminated surfaces must be decontaminated as soon as feasible.

If you're out on the beach and need first aid, stop by the closet office for access to a first-aid kit and assistance.



CPR & AED Training in the Scripps Seaside Forum Auditorium

Thursday June 29, 2017

Session 1: 11am-Noon

Session 2: Noon-1pm

Session 3: 1pm-2pm

Sign up on UC Learning