

Mentoring Tool

Research Experience Reflections*

Objective: Students will reflect on what they learned and the goals they achieved during their research experience.

1. Was your research experience what you expected it to be? Why or why not?
2. What academic and personal goals did you achieve in your research experience? How do they compare to the goals you outlined at the beginning of your experience?
3. What values, experiences, and/or perspectives did you contribute to your research team? Were you able to contribute in ways that you did not predict? How?
4. How did you overcome your greatest concern about doing research? What was the most challenging aspect of your research experience?
5. What was the best part about your research experience? Are you planning to continue doing research? Why or why not?

* Adapted from Branchaw, J. L., Pfund, C., and Rediske, R. (2010), *Entering Research: A Facilitator's Manual: Workshops for Students Beginning Research in Science*, W.H. Freeman & Company.